



**MANAGEMENT ANSWERS**

**LIFE STAGES RELATING TO**

**CLIENT GROUP**

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## EXPLAIN HOW THE GENERAL LIFE STAGES RELATE TO THE CLIENT GROUP THAT YOU WORK WITH

The 7 ages of man is a reference to Shakespeare:

According to William Shakespeare in *As You Like It*:

All the world's a stage,  
And all the men and women merely players,  
They have their exits and entrances,  
And one man in his time plays many parts,  
His acts being seven ages. At first the infant,  
Mewling and puking in the nurse's arms.  
Then the whining schoolboy, with his satchel  
And shining morning face, creeping like a snail  
Unwillingly to school. And then the lover,  
Sighing like furnace, with a woeful ballad  
Made to mistress' eyebrow. Then a soldier,  
Full of strange oaths, and bearded like a pard,  
Jealous in honour, sudden and quick in quarrel,  
Seeking the bubble reputation  
Even in the canon's mouth. And then the justice,  
In fair round belly with good capon lined,  
With eyes severe and beard of formal cut,  
Full of wise saws and modern instances;  
And so he plays his part. The sixth age shifts  
Into the lean and slippered pantaloon,  
With spectacles on nose and pouch on side,  
His youthful hose, well saved, a world too wide,  
For his shrunk shank; and his big manly voice,  
Turning again towards the childish treble, pipes  
And whistles in his sound. Last scene of all,  
That ends this strange eventful history,  
Is second childishness and mere oblivion,  
Sans teeth, sans eyes, sans taste, sans everything.

Explain how the general life stages relate to the client group that you work with

The client group we deal with are in the range below

### ELDERLY

Although people are living longer, and many are more active, many people in old age suffer from multiple physical dysfunctions. They are both physical and mental

#### PHYSICAL

Cardio-Vascular

As people age, their heart and vascular systems decrease and often older people have different forms of heart failure, such as high blood pressure, previous heart attack, angina, atrial fibrillation, heart block and other arrhythmias. Even with medication and pacemakers, their agility and mobility may be restricted, so any activity may be limited as a result

### Pulmonary Disease

Many people of this age, often due to the lifestyle they had when they were young, that is smoking, or due to working conditions such as working in mines and working with asbestos, or living with someone who smokes, get lung conditions such as emphysema, asthma, chronic bronchitis, pneumoconiosis and asbestosis, which prevents activities from being breathless to simply being unable to fend for themselves

### Pain

Pain can come in many different forms, from arthritis to angina. Some conditions can be relieved with medication and allow the individual some independence, or with the use of surgery, such as a hip replacement; enable someone chair-bound to be able to move more independently

### Obesity

Some over the years, develop obesity, some through over indulgence and others such as the above where they cannot exercise due to a physical condition cannot get about and any heart or lung disability will make the situation worse, often they do not eat a lot but their calorie needs are so small that they cannot use enough energy for their limited intake. What makes this situation worse is that if they have a hip problem and could benefit from that operation, some health authorities and doctors will not recommend that surgery unless they lose weight

### Anorexia

Many old people have problems eating, and as they eat less, their stomach shrinks and so they eat less. This can affect their intake of vitamins and minerals and other nutrients, leaving them frail and under-motivated

### MENTAL

#### Depression

Many elderly people suffer depression, they know they have limited life expectancy, they may have lost a partner, or close friends, they feel isolated and unwanted, their children are often middle aged and have their own work/home issues that prevent them perhaps being able to spend enough time with them and also they may, due to work or social reasons, live a long way away and not be able to commit the time to see them

#### Dementia

There are many types of dementia, such as Alzheimer's Disease, Parkinson's Disease, Alcoholic Dementia, Sclerotic Dementia, Head Injury and CJD.

All these leave memory loss which makes their decision making poor to non-existence and they need someone to care for them so that they do not leave the gas on, or put the gas on without

lighting the burner, their day turns into night and their night turned into day, they sleep when they wish and when awake wander, sometimes outside the home where they may be in bed clothes on a freezing December night. They are extremely vulnerable and will further mentally deteriorate over time

